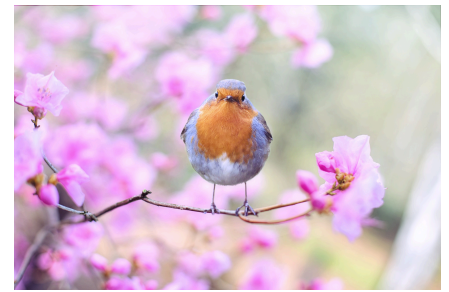


# Hardwicke House

## Patient Partnership Group (PPG)

### Newsletter Spring 2025



**HARDWICKE HOUSE GROUP PRACTICE**  
01787 370011



**HARDWICKE HOUSE WEBSITE**  
<https://www.hardwickehousesurgery.co.uk>



#### **COVID-19** CORONAVIRUS

Covid vaccination clinics for over 75's will be running through April and May 2025 so please watch out for these  
The Surgery will send a text invite with a booking link to patients who have signed up for SMS, otherwise the surgery will try to call patients who don't have SMS.  
If you don't hear from the surgery, please phone for an appointment.

#### **MISSED APPOINTMENTS**

**If you make an appointment, please make sure that you keep it.**

Should you no longer need your appointment, please be thoughtful enough to ring in and cancel so it can be offered to someone else.

A text reminder is sent to your mobile phone the day before. Patients are able to cancel appointments by phone or online [hwh.sudbury-admin@nhs.net](mailto:hwh.sudbury-admin@nhs.net).

If you have not given the surgery your mobile number, please consider passing it on.



#### **VISIT YOUR PHARMACY FIRST**

We CAN HELP YOU WITH SEVEN COMMON CONDITIONS WITHOUT NEEDING A GP APPOINTMENT

SINUSITIS

SORE THROAT

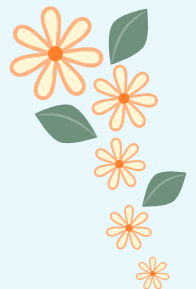
SHINGLES

IMPETIGO

INFECTED INSECT BITE

EARACHE (CHILDREN)

URINARY TRACT INFECTION (WOMEN)



Ask for more information about this free NHS service  
NHS prescription charge rules apply here a medicine is supplied



**Hardwicke House Group Practice**  
**Patient Partnership Group (PPG)**



Blood Pressure checks

Nutrition and Activity

Diabetes



Happy Sounds Choir

Mental Health

#### **HEALTH AWARENESS DAY**

Dementia

Children's Table

Sudbury Art Centre (St Peter's)

and much more

Saturday, 14th June 2025

9.30 am - 2.00 pm



**REFRESHMENTS AVAILABLE**

**FREE ENTRY**



## HARDWICKE HOUSE WEBSITE

<https://www.hardwickehousesurgery.co.uk>



PLEASE TAKE THE TIME TO LOOK AT THE NEW LOOK WEBSITE

HEALTH INFORMATION \*\*\* APPOINTMENTS \*\*\* PRESCRIPTIONS

### e consult

**Want advice from your doctor, self help information or have an administration request  
(sick note or test result)**



## DO YOU HAVE MOLES OR SKIN LESIONS



PLEASE CHECK FOR ANY MOLES OR SKIN LESIONS THAT HAVE CHANGED IN SIZE OR COLOUR, TO CHECK FOR POSSIBLE SKIN CANCER.

Most of the moles and lesions assessed are not cancerous but many are and we recommend that you check any moles or skin lesions you have in case they are changing in order to get them checked. If you are concerned, please contact the practice to book an appointment.

## WEST SUFFOLK STOMA NURSING SERVICE

We now provide acute and community stoma care services with the West Suffolk area. All new patients are followed up on a dedicated patient pathway each patient will be scheduled an annual review in a virtual or community clinic.

**Regular patient coffee mornings have been initiated and will be on the following dates:**

27.03.2025 Best Western Hotel, Moulton Road, Newmarket, CB8 8D

26.06.2025 Active Business Centre, 33 St Andrews Street South, Bury St Edmunds, IP33 3PH

11.09.2025 Sudbury Arts Centre, Market Hill, Sudbury, CO10 2EA

04.12.2025 Best Western Hotel, Moulton Road, Newmarket, CB8 8DY

All events will be taking place at 10am-12pm and light refreshments will be available.

## 111 ONLINE EMERGENCY PRESCRIPTIONS

Use this service to request a limited emergency supply of a medicine you've completely run out

This must be a medicine you are prescribed regularly, through a repeat prescription.

You will be charged your usual prescription fee. If you do not usually pay, it will be free.

You cannot use this service to get:-

\*antibiotics for a new or recent problem

\*controlled drugs that require identification to collect

## USEFUL NUMBERS

Chambers Buses	01787 375360
Felix buses	01787 310574
Go Start	01787 242116
Babergh District Council	0300 1234000
Suffolk County Council	0345 6072080
Sudbury Community Centre	01787 464380
Audiology	01284 713713
West Suffolk Hospital	01284 713000
Physio self referral	03330 433966
U3A	07708 677917

## PHARMACIES

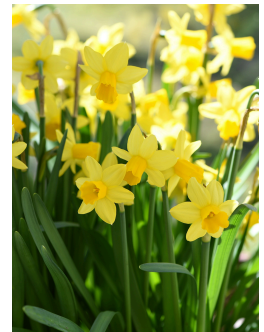
BOOTS SUDBURY	01787 372617
BOOTS GT. CORNARD	01787 375804
SUPERDRUG	01787 379358
NORTH ST. PHARMACY	01787 371232
TESCO PHARMACY	01787 801006
LONG MELFORD	01787 379809

## PATIENT PARTNERSHIP GROUP

WE ARE LOOKING FOR NEW MEMBERS

Interested in finding out about  
your Practice's  
Patient Partnership Group

Please contact; the Secretary  
Email: [hh.ppgsecretary@gmail.com](mailto:hh.ppgsecretary@gmail.com)  
07801 178825



New  
Members  
Welcomed